

CEDARSTIMES

JAN-MAR
EDITION 2020



Whilst there are undoubtedly lots of benefits to living in a digital world, it can also seem that there is so much information and guidance being distributed and shared, sometimes conflicting, that it can seem overwhelming and confusing.

Likewise we haven't wanted to bombard people. However, we do want to direct you to a few sites and resources that we think would be helpful to our parents, carers and staff. Please do take the time to have a look and feel free to share families and friends.

For some parents and carers who have already asked for specific help we have been able to personalise guidance. Please ask your teaching team if you feel overwhelmed by the amount of information and we will try to direct you to specific guidance.

The resources can be found on the school website, from the homepage you will see 'Advice & Guidance', scroll down and you will find 'Staying at Home'.

This is officially the last day of the Spring Term. We have a two week Easter break. We believe that students should use this time to relax, play, draw, create, bake, daydream, exercise, dance and have fun.

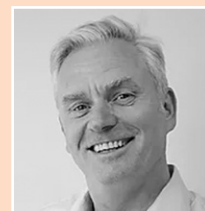
Although we won't be setting any work, your teacher will still post a daily message on **Bloomz**, we know that some students will want to carry on being involved in some challenges or activities, just something to keep them busy if they need it.

Teachers and the Senior Leadership Group will be available during normal working hours should any students and families need advice or help. Please just get in touch via the preferred communication methods.

Do keep sending your photos and pictures too. It is lovely to hear from our students and to share what they are up to with their friends, their families and the teaching team.

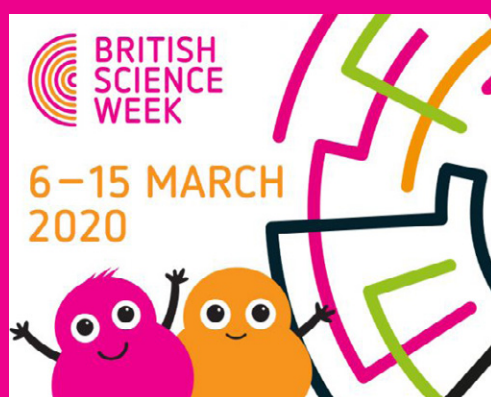
Although we endeavour to stay in touch and support our families in every way we can during this long Easter break, I would just ask you to please remember that our staff are also at home with their families or helping vulnerable relatives and may not be able to respond immediately, but they will certainly do their best to help if they can.

**For now, have a wonderful Easter Break.
Martin Flowers, Head Teacher.**



INFORMATION

REGULAR
UPDATES
AVAILABLE AT.....



Thank you all for taking part in science week last week. Looking through the fantastic photos, along with listening to pupils talking about what they had been doing it was a success, which is amazing considering the week we all had! Feel free to share some of the experiments with parents if you think they may be able to do carry them out at home. It may add a bit more fun and excitement to their time at home.

Class 1 just love the outdoors, particularly when they can get messy! They had a great time digging the soil and planting daffodils in school's secret garden.



Messy 1

ALL ABOARD!!

Class 2 have thoroughly enjoyed their topic this term, 'On the move'

We have particularly enjoyed exploring transport and stepping aboard our school buses to go on our own adventures. We had great fun visiting places, such as, Thornley woods, where we enjoyed exploring physical features and even had time to share a story.

Whilst exploring physical and human features, we visited the Angel of the North and Herrington Country Park. We were amazed at just how tall the Angel of the North is and how much of the local area we could see from the top of the hill.

We have enjoyed many activities. We have designed and created our own sculptures, shared many stories, loved going to Mr Twisters as part of our physical education and particularly enjoyed learning all about Shrove Tuesday. Our pancakes were delicious!

We know things are different at the moment but

Class 2 have all carried on doing some amazing activities at home and sharing photographs on Bloomz. We love seeing them and are so unbelievably proud of you all!



FOOD GLORIOUS FOOD

Class 3 have been learning all about 'food Glorious food'. As part of our topic we have been to the Imperial in Low Fell to try Chinese food. We have been to MOD pizza where we made our own individual pizzas to take home and we visited Macdonalds to learn about fast food. It has been such good fun and very tasty.

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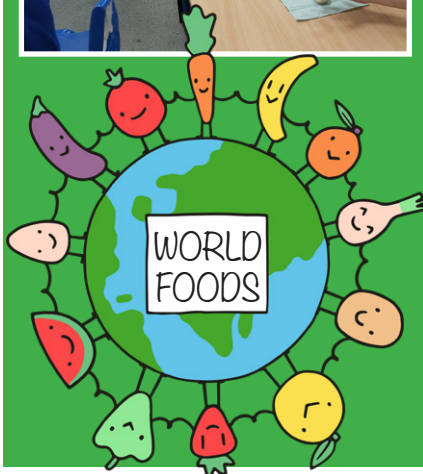
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The month of March has been very different! In class we are amazing scientists and we celebrated Science week with lots of fun experiments. One of **Class 4's** favourites was looking at the science behind popcorn. We heated up the corn kernels, heard them making lots of loud popping sounds and inspected how they looked when they were finished popping. We all found this very interesting. We even found a half popped corn kernel and could see what it looked like inside. *The best part was deciding if we liked the taste of popcorn!*

Class 5 have thoroughly enjoyed learning about food, culture & trademark specialities for their food, glorious food topic this term. They have all tried a range of traditional food linked to a specific country, found these countries on maps, made food sculptures and painted flags and fruit for our display.



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We have looked at the circle of life this term. We began by taking the song from The Lion King and exploring Africa! We made a balanced argument about hunting. We shared opinions and facts and sorted these into categories then put them in a balance scale to make our argument. We also read the story Mama Panya's Pancakes and made our own African pancakes. We looked at animals, life cycles, food chains and food webs. We made our own Tinga Tinga art using African patterns over animals and looked at the work of African artist Esther Mahlangu to then recreate this ourselves. We looked at multiplication and division and mastered skills to find and use these facts. We looked at the use of multiplication in measures in real life: measuring ingredients, water and particularly temperature on a thermometer to compare temperatures of UK and Africa.

This half term we began looking at the water cycle and created our own water cycle in a bag and the related vocabulary. We then started to look at clouds and identified different types of clouds and found these in the sky using a cloud viewer. We started to look at plants and identified different parts of flowering plants by dissecting real flowers. In literacy we looked at non-fiction texts and were extremely interested in the life of Sir David Attenborough. We designed fact files, conducted an interview with Sir David himself (well, pretended to) and wrote our interview up. We then used these facts to write a biography. Due to the outbreak of COVID-19, we focussed a lot on hygiene, hand washing and the spread of germs. What we took more from this, was the importance of positive mental health. We looked at positivity, played games and made pictures for the local care home to help cheer up others. We considered feeling worried and strategies we could use to help. We also designed a 'positivi-bee' board to promote positivity amongst the pupils.

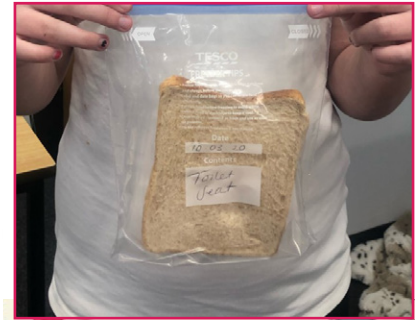
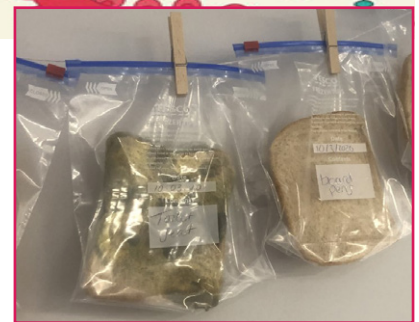


Class 7 had an exciting trip to Northumberland Zoo as part of their science work discussing food chains and animal habitats. There were lots of different animals and the children got to hold mini beasts such as a stick insect, a lizard and even a snake! **Class 7's** favourite animals were the otters, we watched them be fed with fish by the keepers at the zoo. We also loved the meerkats, they were so cute we could've taken one home! A brilliant day was had by all of **Class 7** and we would love to return! A big thank you to Northumberland Zoo for having us.



Due to the Coronavirus **Class 8** has been learning about the importance of personal hygiene and how we can protect ourselves through hand washing. Four weeks ago we started a science experiment where we looked at how pieces of bread were affected by touching different surfaces. The bread was touched by clean hands, hands with sanitizer on, dirty hands, a toilet seat, a laptop and a door handle and was then put in a zip locked bag. The idea was to show how germs can be easily transferred and how bacteria can grow. We hoped to show the importance of washing our hands to stop the spread of germs.

Four weeks on we are amazed by our results. Have a look at the before and after pictures and see if it's what you were expecting. There is definitely a lesson to be learned here from all of us!



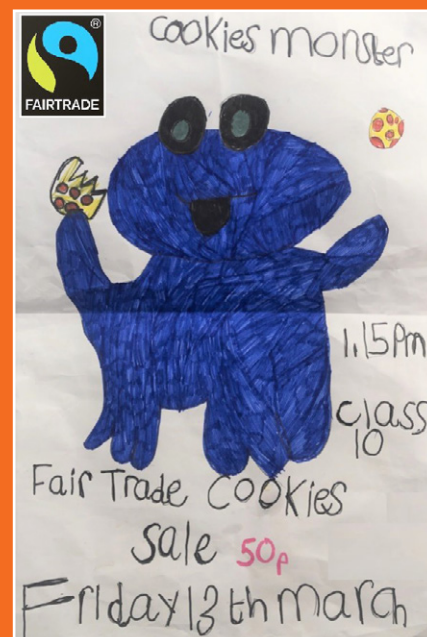
Class 9 have had a brilliant term. In maths we have been looking at shape and fractions. In English we have been reading 'The Lion and the Unicorn'. The students have loved reading this book as it ties in with our topic of WW2. They have thought about what life was like as an evacuee and the long journey children took to move to the countryside. In science we have been testing different materials and looking at what materials reflect light and which don't. We had a great time in science week with visits from the university and 'Big Science'. We did lots of fun experiments. In PFA we have been looking at road safety. We went to visit 'Safetyworks' in Newcastle as part of this and looked at how to cross the road safely, but also how to keep safe in parks and by the metro. We have had some lovely trips out to the discovery museum and a highlight for the students has definitely been seeing Alfie the dog on a Friday. We have enjoyed taking him for walks (sometimes even stopping at the park). **A great term Class 9. Well done!**





FAIR TRADE FORTNIGHT 10

Class 10 have been learning about Fair Trade during Fair Trade Fortnight. We found out about the Fair Trade symbol and what it means and then went to see which items in the shops have the logo. We decided to set up a Fair Trade snack stall to tell other classes about Fair Trade. In maths we carried out a survey in school to find out which snacks were most popular - it was Double Chocolate Cookie by an overwhelming majority!! We found a good recipe in our English lesson, but it was only for 12 cookies, so we had to do some maths to work out what we needed for 60 cookies, then we went to Sainsbury's for the ingredients. We all worked in pairs and threes to find the correct Fair Trade items. Miss Reay helped us to make and bake the cookies in our Preparation for Adulthood kitchen lesson. We had lots of fun and quite a few Star Bakers! In the end we had 80 cookies. We thought we would never sell that much! We made some advertisement posters and videos in English to let everyone know about the cookie sale. Our brilliant posters most have done the job because we were inundated with customers at the sale. Every last cookie was sold and we made a fantastic £42 (£22 profit) from the sale! This money is going to be used to adopt an animal from the Northumberland Zoo as we have been learning about animals for the rest of this term. We had a lot of fun with this project and found out lots about how some of our favourite foods, such as chocolate, are grown and processed.



EMPOWERING
POSITIVE CHANGE
THROUGH CAREERS
EDUCATION

National Careers Week

NCW

2nd - 7th March 2020

@CAREERSWEEK
#NCW2020



As part of **Careers Week**, **Class 11** visited The Baltic and carried out workshops linked to Creative Careers. Our pupils thoroughly enjoyed taking part in the various workshops put on for schools from around the North East. We talked with Sophie Lisa Beresford about our aspirations and how we can take small steps to become anything we want to be. We then took part in a sign painting and hand lettering workshop with a man named Ash Willerton - who inspired and encouraged our pupils to take part in letter writing

activities. Our last workshop involved a session with a young, talented North East rap star called Kay Greyson. She was a great role model to our pupils who enjoyed working with her and coming up with their own raps linked to school and their lives. We have some very talented pupils in Class 11 who are destined for great things!



CLASS 12 OUTDOOR MUSIC AREA / LIFE SKILLS



Class 12 have been busy preparing personally made percussion instruments, for the Cedars 'outdoor music area'. We have had lots of kind donations of pots, pans, wooden spoons and all kind of bottles and cans. We have painted them individually and they will be attached to wooden pallets in our outdoor space. We hope that the whole school will use our instruments to 'find their rhythm' and make some wonderful sounds.



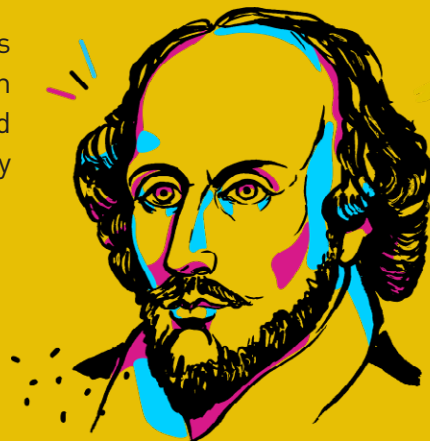
Class 12 have been learning some **independent life skills** with Miss Reay. They have been making some basic dishes in the food technology room such as scrambled eggs on toast, jacket potatoes with fillings of their choosing, hot drinks, toasties and smoothies. Afterwards, the learners have then been washing and drying their own dishes, putting their aprons and such in the washing machine and tumble drier; then ironing their aprons once this has been done. In addition to this, the learners have also been helping to tidy their learning area, as well as hoovering; each have all been taking turns taking part in each job, and have learnt some valuable skills which will help them in the future if or when they choose to live without their parents or carers.

CLASS 13 THIRTEEN

Class 13 have enjoyed learning about **Shakespeare** and some of his most famous plays during the Spring Term. We read *Romeo and Juliet* before creating our own version of the play and shooting scenes around the school grounds. It was great to see how enthusiastic and creative the students were taking on the different character roles. We have most recently been reading *Macbeth* and again planning to create our own version of the play.

The class also enjoyed getting involved in **Science Week**, where we had the opportunity to try out a number of different 'Wow' experiments. We carried out practical experiments including Rainbow Water, Elephant Toothpaste and Milk Explosions. We asked lots of questions about the different experiments and tested our theories using our scientific knowledge.

We have continued our **Pathways** work this term, where we have been creating our own film with Mr. McCabe in Creative Media and making lots of delicious dishes with Miss Reay in **Food Preparation**.



CLASS 14 YOUNG WRITERS

The pupils in **Class 14** have started to write their stories for the second volume of **Cedars Young Writers**. Volume 1 was a huge success; there were stories from nearly every year group at the school! We would love you to submit your own stories, poems and imaginative writing for the new book which we hope to publish before the summer holidays! Please email your writing to Mr Bentley at paul.bentley@cedarstrust.org.uk before the end of May 2020 and you too could be a published writer!

Happy writing!

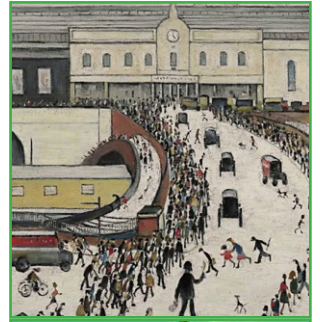


ART

In Art **Class 11** had a fantastic trip out to the Winter Gardens, Sunderland. Students were surprised to learn about local history of Mining, Nissan, Ship Building and more. Then had an art appreciation afternoon exploring contemporary art along side some classic painting and the famous art works of L S Lowry.

Class 9 had an eventful trip out to SKY TV Newcastle. Students took public transport, paid for their own bus tickets, walked around Newcastle City Centre locating the building with support, then had hands on experience of what it is like to work in a busy call centre. Pupils took part in work based activities, asked questions then had a tour of the office before returning to school on public transport again.

Kielder have been preparing the school allotment in preparation for the first year of grown crops. Students went shopping for seeds and propagators to start growing our own Cedars Vegetables. We also had a visit to the allotment and made a list of jobs that need doing to start growing. There is a lot of work to be done so any volunteers to help would be much appreciated, if you would like to help please contact Mr Finn or Mrs Soave.



This was Cedars 12th year visiting the beautiful ski slopes of Italy and could easily be considered as one of the most successful. 27 staff and students took participated in the 6 day trip; giving students the opportunity to develop new and existing skiing skills, build independence, friendships and have loads of fun!!!

Very helpful and engaging ski instructors helped greatly to improve all abilities throughout the week. Beginners started with snowplough turns / stopping and control while more experienced students developed parallel skiing and good technique. The accommodation provided a comfortable setting for students to relax after long days on the slopes and kept hungry bellies full of delicious local food. The highlight was obviously pizza and pasta. The limited amount of fresh snow made it challenging but possible to ski everyday. It also gave all students the chance to experience a number of different slopes and resorts. A huge thank you and congratulations to everyone who attended for making another fantastic trip possible. Hopefully many will be back next year. Looking forward to it already!!!





This is a great time to get creative! We have already seen many students send in photos and videos of themselves dancing and singing. We would love to see more. I would love to encourage you go onto your class page on the [Cedars Trust website](#) and download the [free Arts Award introduction booklet](#) to inspire you!

We would love to hear your songs, see your films and everything else you produce!
Let's get creative together!

AWARENESS

World Autism Awareness Day

WE ALL WORE BLUE FOR WORLD AUTISM AWARENESS DAY

WORLD DOWN SYNDROME DAY

WE ALL WORE ODD SOCKS FOR WORLD DOWN SYNDROME DAY

WORLD BOOK DAY

5 MARCH 2020

WE ALL READ OUR FAVOURITE STORY ON WORLD BOOK DAY

Second hand School Uniform for sale

Uniform 50p
First Monday of the month. 08.45-09.00 or on request.

STAY HOME SAVE LIVES

TRAINING & ACTIVITIES FOR PARENTS/CARERS

IN CONJUNCTION WITH FAMILY LEARNING EDUCATION GATESHEAD/GATESHEAD COUNCIL

Cedars ACADEMY
Fit For Life

FREE

4TH, 11TH & 18TH MAY 2-3PM

To reserve a place:
Email: helen.jarvis@cedarstrust.org.uk or Tel: 0191 4874595

Cedars ACADEMY
Fit For Life

CONCERNED ABOUT YOUR CHILD'S SAFETY IN AN INCREASINGLY ONLINE WORLD?

FREE TRAINING SESSIONS

TOPICS INCLUDE:

- Social Media
- Online Grooming
- Gaming
- Cyber Bullying
- Sexting
- Adult Content

8TH, 15TH & 22ND JUNE 2-3PM

To reserve a place:
Email: helen.jarvis@cedarstrust.org.uk or Tel: 0191 4874595

Cedars ACADEMY
Fit For Life

MENTAL HEALTH AWARENESS

IT'S TIME TO END THE STIGMA

FREE TRAINING SESSIONS

- Around 1 in 5 young people have undiagnosed serious mental illness
- Coping with stress, school, study, body image & cultural identity
- Join us for an informative workshop discussing the signs, symptoms and the support available for young people and parents

COMING SEPTEMBER 2020

To reserve a place:
Email: helen.jarvis@cedarstrust.org.uk or Tel: 0191 4874595

Cedars ACADEMY
Fit For Life

PLEASE NOTE THAT THESE DATES ARE SUBJECT TO CHANGE DUE TO THE CURRENT COV-19